



ANDHRA MEDICAL COLLEGE, VISAKHAPATNAM

FOUNDATION COURSE TIMETABLE (2026–2027)

First Professional MBBS Students

Course Duration: 15 September 2026 – 28 September 2026

DAY 1 – Tuesday, 15 September 2026

Venue: Dr. B. R. Ambedkar Auditorium, Centenary Alumni Building (CAB)

Time	Programme	Faculty / Department
10:00–11:00 AM	Inaugural Ceremony	Principal & Dignitaries
11:00–11:45 AM	Vision, Mission, Institutional Values & Introduction to AMC & KGH; Academic Regulations, Code of Conduct & Student Support Services	Principal / Vice Principal (Academic)
11:45 AM–01:00 PM	Parents–Faculty Meet	Principal, Vice Principals & Foundation Course Committee
01:00 PM onwards	Lunch & Dispersal (No Afternoon Session)	—

DAY 2 – Wednesday, 16 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Professional Behaviour & Ethics	MEU / AETCOM Faculty – Dr. K.K.L. Prasad
10:00–11:00 AM	National Health Scenario	Department of Community Medicine – Dr. KKL Prasad
11:00–12:00 Noon	Indian Health Care Delivery System	Department of Community Medicine – Dr. B Manoj Aravind
12:00–01:00 PM	Expectations from Medical Students	Senior Faculty / MEU – Dr. Jyanthi
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Student Documentation & Academic Processes	Academic Section – Mr. Nageswara Rao
03:00–05:00 PM	Sports & Physical Fitness	Physical Director – Mr. Patrudu

DAY 3 – Thursday, 17 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Career Opportunities after MBBS	Dr. Manoj, Professor, Neuro Medicine
10:00–11:00 AM	Doctors' Role in Society	Department of General Medicine- Dr. P. Satya Raj
11:00–12:00 Noon	Professionalism in Medicine	MEU – Dr. P. Sandeep
12:00–01:00 PM	Communication Skills	MEU – Dr. R Srinadh
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Anti-Ragging Regulations & Internal Complaints Committee	District Legal Cell Authority (DLCA) & Police
03:00–04:00 PM	Interaction with Hostel Wardens	Dr. Krishnam Raju, Dr. P Lakshman Rao & Dr. Suneetha
04:00–05:00 PM	Sports	Physical Director – Mr. Patrudu

DAY 4 – Friday, 18 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Group Dynamics & Team Building	Dr. P S N Raju – RCMET, AMC
10:00–11:00 AM	National Health Goals & Policies	Dr. K Sai Sushma, Department of Community Medicine
11:00–12:00 Noon	Infection Prevention & Standard Precautions	Dr. M. Manjula, Assistant Professor, Department of Microbiology
12:00–01:00 PM	Immunization for Medical Students	Department of Community Medicine – Dr. V Haritha
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Yoga & Meditation	Certified Yoga Instructor
03:00–04:00 PM	Sports	Physical Director – Mr. Patrudu

DAY 5 – Saturday, 19 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–11:00 AM	First Aid	Dr. Naveen – Department of Emergency Medicine
11:00 AM–01:00 PM	Basic Life Support (BLS)	Department of Anesthesiology – Dr. Aparanji and Team
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Universal Precautions	Dr. Subhashini, Associate Professor, Department of Microbiology
03:00–04:00 PM	Biomedical Waste Management	Dr. Yogita Bala, Assistant Professor, Department of Microbiology
04:00–05:00 PM	Sports	Physical Director – Mr. Patrudu

SUNDAY, 20 SEPTEMBER 2026

Time	Programme	Faculty / Department
	WEEKLY HOLIDAY	—

DAY 6 – Monday, 21 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Motivational Session	Invited Speaker
10:00–11:00 AM	Working in a Health Care Team	Hospital Administration – Dr. Kiran
11:00–12:00 Noon	Principles of Family Practice & Holistic Care	Department of Community Medicine – Dr. M Devi Vara Prasad
12:00–01:00 PM	Mental Health & Stress Management	Department of Psychiatry – Dr. Rami Reddy
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Time Management	MEU Faculty – Dr. Raja Lakshmi
03:00–05:00 PM	Sports	Physical Director – Mr. Patrudu

DAY 7 – Tuesday, 22 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:30–10:30 AM	Interpersonal Relationships	Department of Psychiatry – Dr. Rami Reddy
10:30–11:30 AM	Health of Doctors & Medical Students	Department of General Medicine – Dr. Gopal Rao
11:30–12:30 Noon	Artificial Intelligence in Medical Education	Dr. R Srinadh
12:30–02:00 PM	Lunch	—
02:00–03:00 PM	Altruism as a Virtue of a Physician	Department of General Medicine- Dr. Vijay Kumar
03:00–05:00 PM	Sports	Physical Director

DAY 8 – Wednesday, 23 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:30–10:30 AM	Role of the Indian Medical Graduate	Dr. M Sushma
10:30–11:30 AM	Medical Ethics (AETCOM)	MEU – Dr. Vinutha
11:30–12:30 Noon	Evolution of Modern Medicine	Department of General Medicine- Dr. Vikram
12:30–02:00 PM	Lunch	—
02:00–03:00 PM	Consequences of Unethical Behaviour	Department of Forensic Medicine- Dr. Madhusudana Reddy
03:00–04:00 PM	Mentorship Programme	Dr G Rajalakshmi, MEU Coordinator
04:00–05:00 PM	Sports	Physical Director

DAY 9 – Thursday, 24 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Importance of Yoga & Meditation	Yoga Instructor
10:00–11:00 AM	NSS	Dr. Manoj Aravind
11:00–12:00 Noon	NCC	Dr. L. Gandhi Bhaskar Patrudu
12:00–01:00 PM	Importance of Local Language in Patient Care	Department of General Medicine- Dr. MVE Rama Naidu
01:00–02:00 PM	Lunch	—
02:00–04:00 PM	Guided Visit to KGH, Central Laboratory, Blood Bank, Central Library & Skills Laboratory	Foundation Course Committee
04:00–05:00 PM	Sports	Physical Director

DAY 10 – Friday, 25 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:00–10:00 AM	Lifestyle Management During MBBS	Department of Physiology – Dr Sai Srinivas B
10:00–11:00 AM	Internet addiction and related psychological issues	Department of Psychiatry- Dr Prasanna kumar
11:00–12:00 Noon	Cultural Competence & Respect for Diversity	Department of Community Medicine – Dr. V Vandana
12:00–01:00 PM	Introduction to Research, ICMR STS & Ethics	Foundation Course Committee
01:00–02:00 PM	Lunch	—
02:00–04:00 PM	Sports / Student Interaction	Physical Director / Foundation Course Committee

DAY 11 – Saturday, 26 September 2026

Venue: Anatomy Block, Andhra Medical College

Time	Programme	Faculty / Department
09:30–10:30 AM	Introduction to Skills Laboratory & Simulation	Dr Apparanji, Prof Aneesthesiology
10:30–11:30 AM	Campus Safety, Fire Safety & Disaster Preparedness	Dr Vijaya Radhika, Assoc Pro Biochemistry
11:30–12:30 PM	Foundation Course Feedback	Foundation Course Committee
01:00–02:00 PM	Lunch	—
02:00–03:00 PM	Interaction with Alumni & Senior Students	Sports / Cultural Committees Mr Aditya, Student General Secretary
03:00–04:00 PM	Rehearsal for White Coat Ceremony	Senior Students- Mr Aditya, Student General Secretary and Senior Students

SUNDAY, 27 SEPTEMBER 2026

Time	Programme	Faculty / Department
	WEEKLY HOLIDAY	—

DAY 12 – Monday, 28 September 2026 – WHITE COAT CEREMONY

Venue: Dr. B. R. Ambedkar Auditorium, Centenary Alumni Building (CAB)

Time	Programme	Faculty / Department
09:30–10:00 AM	Assembly of Students, Parents & Guests	Foundation Course Committee
10:00–10:15 AM	Welcome & Introduction	Foundation Course Committee
10:15–11:15 AM	White Coat Ceremony	Principal, Vice Principals, Senior Faculty & Dignitaries
11:15–11:30 AM	Charaka Oath / Physician's Pledge	
11:30 AM–12:00 PM	Principal's Address	Principal
12:00–12:15 PM	Chief Guest Address	Chief Guest
12:15–12:30 PM	Vote of Thanks	Foundation Course Committee
12:30–01:00 PM	Group Photograph	Faculty, Students & Parents
01:00 PM onwards	Dispersal	—